



## SUPPLIES ↓

- 1 tablespoon of cold cream
- 1½ teaspoons of corn starch
- ½ teaspoon of water
- Food coloring
- Provided patterns
- Measuring spoon
- Mixing bowl
- Medium-sized zipped plastic bag
- Scissors
- Soap and water
- Rubbing Alcohol
- Roll-on deodorant
- Tracing paper
- Washable marker

## DIRECTIONS ↓

- 1 Mix the cold cream, corn starch, water, and food coloring in a bowl. There should be no lumps.
- 2 Scoop the mixture into a zipped plastic bag and zip closed.
- 3 Prepare the skin by washing with soap and water. Dry the area.
- 4 Wipe the area with rubbing alcohol.
- 5 Draw or trace your design on tracing paper with a washable marker.
- 6 Apply roll-on deodorant to the prepared area.
- 7 Place the tracing paper drawing side down on the skin.
- 8 Leave the paper on the skin for 3 minutes.
- 9 Carefully peel off to reveal the design.
- 10 Cut a small hole in one corner of the plastic bag.
- 11 Trace the design with the paste. Let the paste dry.
- 12 Wipe off the excess dried ink to reveal your “henna” tattoo.

**This homemade henna paste lasts 2–3 days. Use alcohol or cold cream to remove it sooner.**

